

## Cleansing

Performing a liver cleanse is an essential part of revitalizing your body. It will help your energy and also help your body's ability to maintain a normal and healthy weight. How important is that? Once you gain extra weight your body becomes more at risk for just about every disease process known. High blood pressure, diabetes, heart disease , cancer .....

This comprehensive cleanse deals primarily with the liver and gallbladder but also reestablishes normal colon health.

Please visit the link below to read about the Standard Process liver cleanse. It is a terrific way to cleanse with ease and at reasonable expense.

- We have made some adaptations to the diet ( less strict) and to produce needed ( cuts costs in half ) to make the cleanse just as effective but easier to implement from a lifestyle and financial perspective.
- Be sure to talk to Dr. Dan or Dr. Jean if you have any questions regarding cleansing
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